Figure 3. Clinical protocol for management of postural hypotension

**Postural Hypotension Protocol**

SBP=Systolic Blood Pressure

PH=Postural Hypotension

EHR=Electronic Health Record

PCP=Primary Care Physician

Triggers for Communications with PCP

1. The patient’s SBP does not drop more than 20 mmHg, and the SBP remains > 90 mmHG and is asymptomatic. No templated communication but will be recorded in Falls Care Manager’s note.
2. The patient’s SBP does not drop more than 20mmHg, and the SBP > 90 mmHg but is symptomatic triggers communication template B.
3. The patient has a drop of ≥ 20 mmHg or SBP < 90 when standing but is asymptomatic triggers communication template C.
4. The patient has a drop of ≥ 20 mmHg or SBP < 90 when standing and is symptomatic triggers communication template D.

Education

FCM discusses with patient:

What causes postural hypotension?

* Dehydration
* Medications for depression, sleep, heart problems and blood pressure (e.g. “water pills”)
* Taking a larger number of medications
* How does postural hypotension cause falls?
* What symptoms have *you* experienced?