



*Calcium citrate if receiving PPI or achlorhydria.

Vitamin D Algorithm and Communication Template

FCM's Communication to PCP
Regarding Initial
Recommendations for Vitamin D

Recommendations:

A. No recommendation

I have provided the patient with education about the role of vitamin D in falls prevention and health.

Background: The patient prefers not to take the recommended D₃ 800 – 1,000 IU Q Day because: [reason]. Assessment: Suboptimal vitamin D status would increase the patient's risk of falls and injuries.

B. Please prescribe vitamin D₃ 800 – 1,000 IU Q Day.

I have provided the patient with education about the role of vitamin D in falls prevention and health. The patient is interested and willing to add this supplement to their regimen. I will assess patient's tolerance and adherence to this prescription.