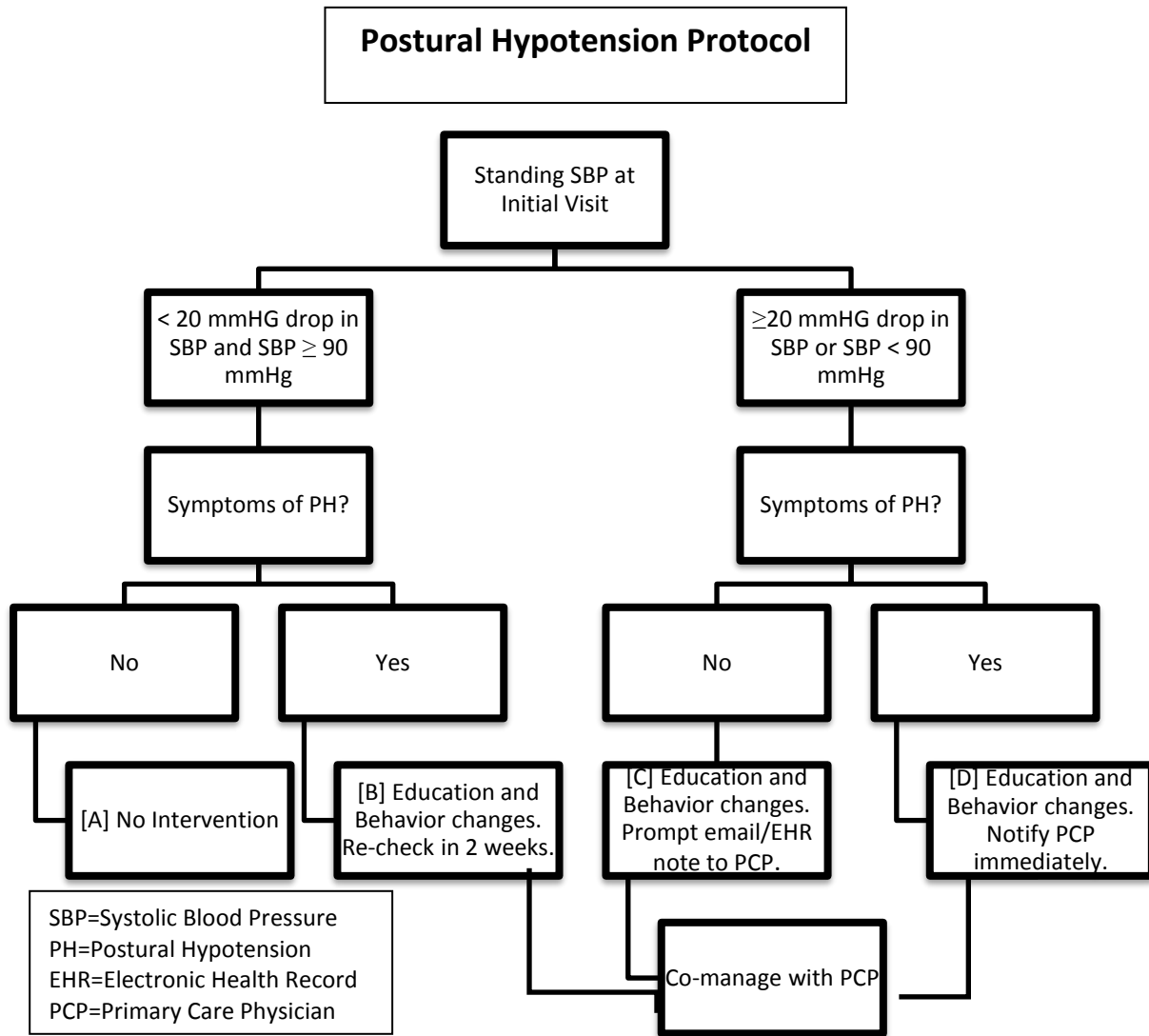


Figure 3

Figure 3. Clinical protocol for management of postural hypotension



Triggers for Communications with PCP

- A. The patient's SBP does not drop more than 20 mmHg, and the SBP remains > 90 mmHg and is asymptomatic. No templated communication but will be recorded in Falls Care Manager's note.
- B. The patient's SBP does not drop more than 20mmHg, and the SBP > 90 mmHg but is symptomatic triggers communication template B.
- C. The patient has a drop of ≥ 20 mmHg or SBP < 90 when standing but is asymptomatic triggers communication template C.
- D. The patient has a drop of ≥ 20 mmHg or SBP < 90 when standing and is symptomatic triggers communication template D.

Education

FCM discusses with patient:

What causes postural hypotension?

Figure 3

- Dehydration
- Medications for depression, sleep, heart problems and blood pressure (e.g. “water pills”)
- Taking a larger number of medications
- How does postural hypotension cause falls?
- What symptoms have you experienced?